



## **SUMMER 2017**

### **PRE JAZZ/POM (ages 2-5)**

This class is perfect for your little one who loves to jump and bounce. We will be dancing to today's hit music all while learning jazz technique and moves. Pom Poms will also be used.

### **PRE BALLET (ages 2-5)**

This class is perfect for all tiny dancers. Basic ballet skills, terminology, rhythm, and coordination are taught through creative movement, imagination, and music.

### **BALLET**

By participating in Ballet students learn proper dance technique while developing coordination, flexibility, and grace. Ballet skills will be taught while emphasizing terminology. Ballet is recommended for all students.

### **JAZZ**

Stylized movement put together with pop music equals a fun fast paced class for students of all ages. Classes will learn jazz technique, flexibility, jumps, and turns.

### **HIP HOP**

This class will work on the newest styles and steps of Hip Hop. This fast paced and fun filled class is a great addition for anyone.

### **LYRICAL**

Lyrical is a fusion of ballet and jazz. Students will be taught with expressive motions that tell a story. We will work on technique as well as how to act out a story through emotions in dance.

### **FLEXIBILITY**

This class is recommended for the dancer with at least 3 years of dance experience. Focus will be on extending ballet technique while improving leg strength and flexibility. Perfect for those interested in competition or those who are wanting to improve their dance skills.

### **TURNS**

This class is recommended for the dancer with at least 3 years of dance experience. Focus will be on turn sequences while strengthening the dancers existing skills. Turns will include pirouettes (focusing on multiples), turns in seconde, turns in seconde with changing spots, fouette turns, and combining them all together. Perfect for those interested in competition or dancers on high school teams.

### **JUMPS AND LEAPS**

This class is recommended for the dancer with at least 3 years of dance experience. Focus will be on learning jumps and leaps while strengthening the dancers existing skills. Leaps will include Switch (scissor), Russians (open), turning opens (disc), switch jetes, and many more. This class is recommended for the dancer with at least 3 years of dance experience.

Is there a class you would like but do not see on the schedule?

Please email us and let us know!